

Event Features

(1) The only cycling event in Japan that takes place on an expressway

All courses include expressways traveling across the bridges from island to island. Participants are able to cycle on roads that are normally reserved for vehicles and enjoy a sense of freedom as they ride during this cycling event. Cycling Shimanami 2022 is the only cycling event in Japan where participants can ride on the main roads of an expressway.

(2) International fun riding event using a world-class cycling course

Set in the "Setouchi Shimanami Kaido", a world class cycling course that was designated by the national government as one of the "National Cycle Routes" in November 2019 and is a world-class cycling course, the event will held international cycling competitions it welcomes 7,000 participants from Japan and overseas. The cycling road that runs through the scenic Setonaikai, where many small islands float on a calm sea. It is often referred to across the world as a "Sacred Place for Cyclists".

(3) Course that features the beauty of the Seto Inland Sea Shimanami Kaido

The diverse courses that allow participants to enjoy the wonderful scenery and beautiful natural features of the "Setouchi Shimanami Kaido" are a major attraction of Cycling Shimanami 2022. Eight courses in accordance with skill level and preference have been prepared. These includes: a long course with a round trip over the "Setouchi Shimanami Kaido"; a middle course that travels refreshingly through Imabari and Onomichi; a cruising course that involves a ferry ride together with cycling; and a fun course that can also be enjoyed by both beginners and families.

(4) Experience "Omotenashi" Hospitality from the Islanders of Setouchi

Participants will be able to enjoy the natural landscape, including the beauty of the tiny dotted islands, the history and culture of each island, and the delicious food produced from the rich nature of the Seto Inland Sea. Participants will also experience the warm hearts and hospitality of the islanders through the roadside aid stations and spectators on each island.

Access

Imabari [Reception Desk・Main Venue]

[By JR train]  
Okayama via super express→  
JR Imabari Station (about 2 hours 10 minutes)  
[Access from Matsuyama Airport]  
Matsuyama Airport via bus (about 15 minutes)  
→JR matsuyama Station via Yosan Line, super express  
(about 40 minutes)  
→JR Imabari Station

[By Airplane]  
Tokyo (Narita)  
Tokyo (Haneda)  
Nagoya (Chubu)  
Osaka (Itami)  
Fukuoka Airport  
Kagoshima Airport  
Okinawa (Naha)  
(\*) Shanghai  
Seoul  
Taipei  
\*As of February 10, service is temporarily suspended.  
Please refer each operators' website for more details.

[Highway bus (Shimanami Liner)]  
[Highway bus (Shimanami Liner)]  
Fukuyama→Imabari / about 90 minutes  
Hiroshima→Imabari / about 170 minutes  
(\*Transit to Onomichi available)

[Orange Ferry]  
Osaka→Toyo Port  
(\*Toyo Port→Imabari  
Free Shuttle Bus is Available)  
[Car Ferry Ship]  
Hiroshima→Matsuyama / about 160 minutes  
[Super Jet]  
Hiroshima→Matsuyama / about 70 minutes

Matsuyama [Reception Desk]

[By JR train]  
Okayama via super express→JR Matsuyama Station  
(about 2 hours 50 minutes)  
[Access from Matsuyama Airport]  
Matsuyama Airport via bus (about 30 minutes)  
→Central Matsuyama (Okaido) by walk (about 4 minutes)  
→Ehime Prefectural Government



[Road Closed]  
■Sunday, October 30, 2022  
■Nishi-Seto Expressway up-down line  
Imabari IC ⇄ Innoshima Kita IC / 6:00 a.m. ~12:00 p.m. (about 6 hours)  
Innoshima Kita IC ⇄ Onomichi-Ohashi Deiriguchi / 6:00 a.m. ~8:40 a.m. (about 2 hours 10 minutes)  
No entry to Shin Onomichi Bridge, Entry permitted to Onomichi Bridge

Shuttle bus service  
\*Both are paid services and there is no restriction on the number of passengers.  
The shuttle bus course may be altered. Details will be shown on the official event homepage.

A shuttle bus service will be offered for event participants (set package with transport of bicycle by truck).  
[ Premium entry ] apply after entry finalization [ General entry ] apply after selection

●Pre-start

Shuttle bus	Bicycle transport truck
Day of event Matsuyama/Fukuyama/Onomichi →Imabari	Day before event Check in the bicycle at reception on the day before the event (venue) and receive the bicycle at the shuttle bus drop-off point (Imabari) on the day of the event.
Day of event Imabari/Fukuyama→Onomichi	Day before event Check in the bicycle at reception on the day before the event (venue) and receive the bicycle at the shuttle bus drop-off point (Onomichi) on the day of the event.

●Post-finish

Shuttle bus	Bicycle transport truck
Day of event Imabari→ Matsuyama/Fukuyama/Onomichi	Day of event Check in the bicycle before getting on the shuttle bus and receive the bicycle upon drop-off.
Day of event Onomichi→Imabari/Fukuyama	Day of event Check in the bicycle before getting on the shuttle bus and receive the bicycle upon drop-off.

Operation of special cycle train service  
\*Paid Service: restriction on the number of passengers. Details will be shown on the official event homepage.

On the day of the event, a special cycle train service will be operated for event participants from JR Matsuyama Station to JR Imabari Station and JR Fukuyama Station to JR Onomichi Station.

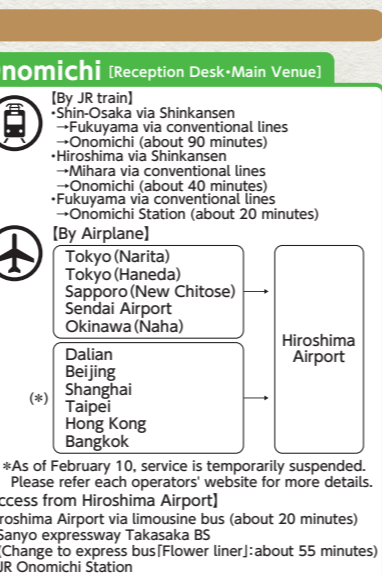
Notes  
\*For details, see the event rules on the official event homepage.

- This event is not about position or time. Please obey traffic rules during the event.
- During the event, follow the directions of police, security personnel and event officials.
- The information indicated here may change depending on the spread of COVID-19. Please visit the official event website to check the latest information.

Application related inquiries → CYCLING Shimanami 2022 entry center  
TEL: +81-570-031900 Office Hours: 10:00~17:00 Office Closed: Every Weekends and National Holidays

Event related inquiries → Cycling Shimanami 2022 Executive Committee Imabari Headquarters  
TEL: +81-898-23-2950 Office Hours: 9:00~17:00 Office Closed: Every Weekends and National Holidays  
E-mail: ima-soumu@pref.ehime.lg.jp

Official Website → <https://cycling-shimanami.jp/english/>



Ride across Inland Sea of Japan  
Setouchi Shimanami Kaido International Cycling Event  
**CYCLING SHIMANAMI 2022**

**2022.10.30 SUN**  
A massive cycling event featuring a famous expressway and spectacular islands

- Date: [Check-in] Saturday, October 29, 2022 [Event] Sunday, October 30, 2022
- Course location: Setouchi Shimanami Kaido and Surrounding Area / about 30 km~140 km (8 courses)  
[ Start Venue ] Nishi-Seto Expressway Imabari IC (Imabari)  
Nishi-Seto Expressway Kurushima Kaikyo SA (Imabari)  
Nishi-Seto Expressway Mukaishima IC (Onomichi)  
[ Finish Venue ] Hirokoji (Imabari Urban area)(Imabari),  
Onomichi City hall (Onomichi), Yuge Port (Kamijima)
- Organizer: Cycling Shimanami 2022 Executive Committee
- Application period:  
[ Premium Entry ] Monday, April 18 to Friday, May 20 <first-come-first-served basis>  
(Package of Marathon entry + Local specialties + the event special cycling jersey)  
[ General Entry ] Monday, April 18 to Friday, May 20 <lottery>
- How to apply: Online application (Please refer to the official website below)
- Capacity: 7,000 people
- Style: Non-competitive public cycling event



# Cycling Shimanami 2022 Applicant Guidelines

## Schedule

	Cycling Shimanami 2022	Co-located Events
<b>Saturday, October 29</b> Check-in -Events (Check-in is only the day before the event)	<b>[Imabari / Matsuyama / Onomichi check-in venue]</b> Applicant check-in (10:00~17:00) ●Imabari: Imabari City Hall ●Matsuyama: Ehime Prefectural Office ●Onomichi: Shimanami Koryukan (Teatro Shell-rune)	<b>[Cycling Shimanami 2022 Cycle Event (subject to change)]</b> ●Imabari: Imabari Around the shopping street (11:00~17:30) ●Onomichi: Shimanami Koryukan (Teatro Shell-rune) (13:00~17:30)
<b>Sunday, October 30</b> Main Event Day	<b>[Course A・B (1,300 people)] (7:22~)</b> <b>[Course C~G (4,700 people)] (7:45~)</b> <b>[Course H (1,000 people)] (9:37~)</b>	<b>[Cycling Shimanami 2022 Cycle Event (subject to change)]</b> ●Imabari: Imabari Around the shopping street (9:30~17:30) ●Onomichi: Onomichi City hall (10:15~16:00) ●Kamijima: Yuge Port (12:30~16:00)

## Category

Course	Distance (Expressway)	Capacity (Premium Entry)	Entry Fee (Premium Entry) (Elementary and junior high school students)	Bicycle Class	Start&Finish Venue	Number of Aid Stations	Time limit
<b>A</b> One-way course over Seto Inland Sea from Onomichi —Ride through Shimanami to the south— <b>IMABARI 70</b> Onomichi (Mukaishima)→Imabari (One Way)	about 70km (about 23km)	1,000 people (100 people)	15,000 yen (35,000 yen)	Sports	Mukaishima IC Hirokoji	3	Within 5 hours
<b>B</b> A roundtrip departing from Onomichi to visit five islands on the Shimanami Kaido and Yumeshima Kaido —Enjoy the beauty of the many islands in Onomichi and Kamijima— <b>INNOSHIMA 70</b> Onomichi (Mukaishima)→Ikuchijima (Round Trip)	about 70km (about 17km)	300 people (30 people)	14,000 yen (34,000 yen)		Mukaishima IC Onomichi City Hall	3	Within 5 hours 45 minutes
<b>C</b> Satisfying middle course —Ride around and past the island— <b>OMISHIMA 100</b> Imabari→Omishima (Round Trip)	about 100km (about 30km)	1,200 people (120 people)	14,000 yen (34,000 yen)		Imabari IC Hirokoji	4	Within 7 hours 45 minutes
<b>D</b> Longest course with a round trip over the Seto Inland Sea —Fully enjoy the attractions of Shimanami Kaido— <b>COMPLETE SHIMANAMI 140</b> Imabari→Onomichi (Round Trip)	about 140km (about 43km)	500 people (50 people)	18,000 yen (38,000 yen)		Imabari IC Hirokoji	6	Within 8 hours 15 minutes
<b>E</b> One-way course over the Seto Inland Sea from Imabari —Ride past Shimanami to the north— <b>ONOMICHI 70</b> Imabari→Onomichi (One Way)	about 70km (about 43km)	1,500 people (150 people)	15,000 yen (35,000 yen)		Imabari IC Onomichi City Hall	3	Within 4 hours 30 minutes
<b>F</b> Middle course over four bridges to cross the prefectural border —Crossing islands, dreaming of islands— <b>IKUCHI 110</b> Imabari→Ikuchijima (Round Trip)	about 110km (about 35km)	1,000 people (100 people)	14,000 yen (34,000 yen)		Imabari IC Hirokoji	3	Within 7 hours 30 minutes
<b>G</b> Course devoted to islands, traveling over eight islands —Traveling over two sea routes Shimanami and Yumeshima— <b>YUMESHIMA 80</b> Imabari→Kamijima (One Way)	about 80km (about 35km)	500 people (50 people)	14,000 yen (34,000 yen)		Imabari IC Yuge Port	2	Within 5 hours 45 minutes
<b>H</b> Fun course that can also be enjoyed by beginners and families —Gazing over scenery from the Kurushima Kaikyo Bridge— <b>OSHIMA 30</b> Imabari→Oshima (Round Trip)	about 30km (about 12km) about 40km (about 12km)	[General Division] 970 people (N/A) [E-BIKE Guide Tour Division] 30 people (N/A)	6,000 yen (*3,000 yen) 8,000 yen (12,000 yen)		Sports City Tandem E-BIKE (Sports type bicycle with electric assist)	Kurushima Kaikyo SA Hirokoji	1

※In addition to the entry fee, a separate handling charge is necessary. Please note that the entry fee is non-refundable in case of cancellation after the entry.  
 ※Applicants for A-G are required to provide the estimated time to complete the course by referring to their finish time in a past cycling event. Please be sure to include break times for each aid station.  
 ※Applicants for H are required to apply for a bicycle type. Please refer to the guidelines from the Official Home Page.  
 ※For tandem bikes (Applicants for H), registration as a pair is required. Entry fee is required for each person.  
 ※Consumption tax, insurance and ferry ticket fees are included in the entry fee.

## Participant Eligibility

All Courses	●Participants must judge themselves to be in good health and possessing the ability to complete their selected course within the time limit. ●Participants acknowledge the "Event Rules" and "Bicycle Class Rules".
Course A B C D E F G	●Participants must be in their first year of high school and 15 years of age or older and have completed the same distance of the course to which they are applying in a previous cycling event.
Course H [General Division]	●Participants must be in the 4th grade of elementary school and 9 years of age or older and able to ride on their own. Children in elementary school or junior high school must be accompanied by a parent or guardian at all times. (Written permission from a parent or guardian will be required in advance)
Course H [E-BIKE Guide Tour Division]	●Participants must be in their first year of high school and 15 years of age or older.

## Application Period / Application Procedure

\*A second round of registrations may occur in the beginning of June.  
 \*Online registration only. Register via the official website.

Premium Entry Course A B C D E F G	First-come-first-served basis	Registration period: 8 p.m. Monday, April 18~11:59 p.m. Friday, May 20 (Japan time) Entry Package with local specialties and the event special cycling jersey. Entry is accepted on a first-come-first-serve basis. Registration will close when capacity is reached. Please make your payment for entry and handling fees when you apply.
General Entry	Lottery	Registration period: 8 p.m. Monday, April 18~11:59 p.m. Friday, May 20 (Japan time) Individual entry or group entry of up to five participants. Results of the lottery will be sent via email in the beginning of June. Selected applicants must pay the entry and handling fees by the specified due date.



## 《Measures to prevent the spread of COVID-19》

We have put in place the "Cycling Shimanami 2022 Special COVID-19 Rules" to ensure the safety and security of participants and people involved in running the event. Please read the rules carefully before applying for the event. \*To find out more, please visit the event website. <https://cycling-shimanami.jp/english/>



## Notes at the time of entry

- Participation rights may not be transferred. It is not allowed to change any registered information, including registered name with application error.
- Application may be delayed or not be completed due to your internet connection or software.
- If the event is cancelled or a participant is not able to join the event due to reasons not attributable to the event committee, including weather, participant's violation of terms and conditions of the event, tardiness, or the spread of COVID-19, the entry fee is non-refundable.

## Course map



## Gate opening time by course/finish line close time (planned)

Course	Starting Time	Expressway Closing time (subject to change) (Location, Distance from Start)	Closing time (subject to change) (Finish Venue)
<b>A</b> IMABARI 70 Onomichi (Mukaishima)→Imabari (One Way)	7:22~	9:00 (Management road leading to Ikuchijima minami IC / about 17km)	17:00 (Hirokoji)
<b>B</b> INNOSHIMA 70 Onomichi (Mukaishima)→Ikuchijima (Round Trip)	7:38~	9:00 (Management road leading to Ikuchijima minami IC)	15:30 (Onomichi City Hall)
<b>C</b> OMISHIMA 100 Imabari→Omishima (Round Trip)	7:45~	10:35 (Hakatajima IC / about 23km)	17:00 (Hirokoji)
<b>D</b> COMPLETE SHIMANAMI 140 Imabari→Onomichi (Round Trip)	8:09~	11:00 (Setoda Bus Stop / about 38km)	17:00 (Hirokoji)
<b>E</b> ONOMICHI 70 Imabari→Onomichi (One Way)	8:17~	11:00 (Setoda Bus Stop / about 38km)	15:30 (Onomichi City Hall)
<b>F</b> IKUCHI 110 Imabari→Ikuchijima (Round Trip)	8:41~	10:55 (Omishima IC / about 30km)	17:00 (Hirokoji)
<b>G</b> YUMESHIMA 80 Imabari→Kamijima (One Way)	8:57~	10:55 (Omishima IC / about 30km)	16:00 (Yuge Port)
<b>H</b> OSHIMA 30 Imabari→Oshima (Round Trip)	9:37~		17:00 (Hirokoji)